

Use it or Lose it

Most of you will have seen, and probably already used, the one hour **FREE** parking in the Co-Op car park in Callington. This scheme will operate for a trial period and gives the first hour free parking to shoppers and visitors to the town. We believe this is a first for Cornwall in council run car parks.

You will still need to enter your vehicle registration number into the machine and enter that you wish to take advantage of the free hour. You will be issued a ticket in the usual way.

The project was facilitated by the Mayor and Portreeve, Councillor Andrew Long, representatives of the Co-operative store and Cornwall Council's parking department in a bid to encourage local people to shop in the town.

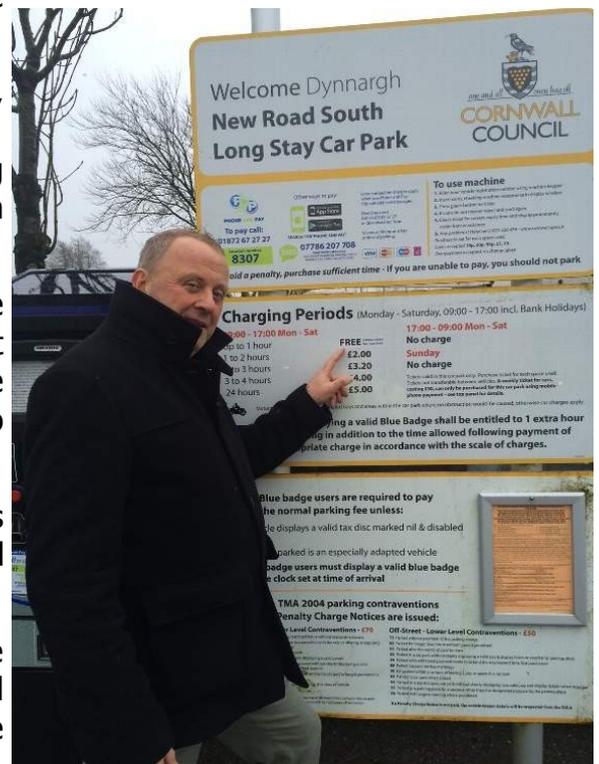
Although this is a trial, the only way we could keep the scheme is for YOU, the people of Callington, to use it and shop locally. It is now also up to the traders of the town to think of innovative ways to encourage people to visit, and shop in the town.

The trial is expected to last a few months and its success will be assessed and reviewed by the Co-Op and Cornwall Council.

For those visiting the town and wanting to stay a little longer, the **FREE** car park on Saltash Road is still available and is only a few minutes away walk from the main town.

Those wishing to visit businesses within the Pannier Market can park there **FREE** for a maximum of 30 minutes. Please be aware that there may be parking enforcements in the Pannier Market area should you be thinking of stopping for a little longer than 30 minutes!

So spread the word, there are now three **FREE** parking facilities in the town.



The copy deadline for the April issue is 12 noon on Wednesday 9th March 2016

(We will be working on a strict 'first come first served' basis, so get your articles in as soon as possible!)

Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk
Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to the Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 384039 or email: jo.taylor@callington-tc.gov.uk

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

The One Stop Shop is now open from 9.30am-1.30pm Mon, Tues, Wed & Fri. General Enquiries 0300 1234 100

Post can be put in the letter box in front of the office or through the entrance door.

Church Matters

Our Lady of Victories Catholic Church

Friday 25th March (Good Friday) Stations of the Cross 6.00pm

Easter Sunday Holy Mass 7.45am followed by Easter breakfast

St Cuthbert Mayne, Launceston

Thursday 24th March (Maundy Thursday) 7.00pm Mass of the Lord's Supper and Watching at the Altar of Repose

Friday 25th March (Good Friday) 3.00pm Liturgy of the Lord's Passion

Saturday 26th March Easter Vigil 7.30pm

Sunday 27th March Easter Day Mass 10.00am

Parish Priest Father David Annear 01566 773166

Callington Spiritual Church

Wednesday 9th March Committee Room, Town Hall 7.30pm

Wednesday 23rd March Council Chamber, Town Hall 7.30pm

Methodist Church

(www.callingtonmethodist.org)

Our Lent Lunches for Christian Aid continue each Friday at 12.30 pm (cost £6) - 4th and 11th March at Callington (please book 01579 383490) and 18th March at St Dominick (please book 01579 350614)

Sunday 6th March - Mothering Sunday

Junior Breakfast Club 9.00am

All Age Worship Service at 10.30am led by Mrs Brenda Grundy

Sunday 13th March - Messy Church 3.30pm to 5.45pm - fun, food, games and crafts for all the family. All children to be accompanied by an adult please.

Celebrate Easter with us:

Thursday 24th March 7.30pm Maundy Thursday Communion Service

Friday 25th March 10.00am Good Friday Service followed by Coffee and Hot Cross Buns in aid of Action for Children

Sunday 27th March 6.45am Churches Together in Callington Easter Sunrise Service at Kit Hill

Sunday 27th March 8.00am Easter Sunday Communion and Breakfast

10.30am Easter Sunday Communion Service

6.30pm Easter Sunday Evening Service

For full details of our regular Services please visit our website www.callingtonmethodist.org

St Mary's Church

Everyone is most welcome to all services.

Sunday 6th March

8.00am Holy Communion BCP

10.00am Mothering Sunday Family Service

Sunday 13th March

8.00am Morning Prayer BCP

10.00am Morning Worship

6.30pm 6.30@SMC Informal Service

Sunday 20th March

8.00am Holy Communion BCP

10.00am Palm Sunday Morning Worship

6.30pm Chill Out Worship

Thursday 24th March

7.00pm Maundy Thursday Service at Linkinhorne

Friday 25th March

11.00am Devotional Service for Good Friday followed by Hot Cross Buns

Easter Sunday 27th March

6.45am Churches Together Sunrise Service on Kit Hill

8.00am Holy Communion BCP

10.00am Family Communion

A service of Holy Communion is held every Wednesday at 10.30am

Lent lunches (consisting of soup, French bread and a hot drink) will be served between 12 noon and 1.30pm on Wednesdays 2nd, 9th & 16th March

Everyone Welcome!

Mustard Seed

Meetings are held at 10.45am every Sunday. The first Sunday service of each month is followed by a celebration of the Lord's Supper.

We also meet on the second and fourth Sunday evening in the Church Hall at 6.00pm for "Reading the Bible for all of its worth". This is a series on the great themes of the bible. Please contact Peter Thatcher for further details by telephone on 01503 262720 or e-mail at mustardseedchurch@btinternet.com.

We hold house groups on Monday afternoon, Wednesday evening and Thursday morning. Details available by contacting Peter as above.

Second Tuesday of the month at 12 noon we hold a lunchtime fellowship. Join us for a light lunch and a chat.

LADIES LUNCHEON CLUB

On a glorious sunny afternoon at the start of February, with daffodils and snowdrops lifting out of the ground, thirty members from the Ladies Luncheon Club descended on the Tamar Inn at Calstock. This was our second visit in over the two years since formation. It was such a wonderful afternoon, lots of banter and wit flowed.

It was just magical how thirty different dishes were served all at the same time, not to mention the desserts. The Tamar Inn will most certainly be on our list of venues for 2017.

Four ladies from the Luncheon Club joined myself and twenty-five other friends on a very special five day trip to the Eternal City and took part in a very special celebration at the Vatican. We stayed at a beautiful place called Palazzola. The trip proved to be a fantastic one.

Three ladies celebrated their birthdays in February and, as always, each received a birthday cake with a card. It is our custom to present a birthday cake to all ladies whose birthday falls in the month of our lunch. (Candles are always added albeit just the one!)

Our next port of call is The Cheesewring at Minions on Wednesday 2nd March, this will be our second visit. Last year we experienced snow, although not enough for snowballs.

Let us stay together and continue to enjoy each others' company. Let us always cherish our human connections, relationships with friends and families, most of all let us always remember a true friend is the greatest gift of all blessings.

Val

FAMILY FILM SHOW



Saturday 19th March
Doors open at 2 pm
Film starts 2:30 pm
Free Entry

CALLINGTON TOWN HALL

Nothing to do in
Callington?

Then why not come along to

**CALLINGTON'S
COMMUNITY DAY**

Saturday 23rd April
10.00 a.m. - 2.00 p.m.
Callington Town Hall

*and see the various clubs and
organisations you can join or
where you can get help and
information from*

There is always something to do!

tvhPPG

**Tamar Valley Health
Patients' Group**



www.TamarValleyHealth.co.uk

tvhPPG@outlook.com

Some of the issues raised by patients and discussed by your tvhPPG with Practice Managers:

- ★ Continuing problems with the touch screen login machine > now temporarily suspended while alternatives are considered.
- ★ The provision of children's books at Callington Health Centre > Done. Plus the Gunnislake Health already has a well-equipped children's area.
- ★ The removal of water dispensers was instigated by a health inspection > no simple solution available, however water is available if required.
- ★ A request for baby changing facilities in the waiting room toilets > now provided and installed in both health centres.
- ★ A new design for the non-attendance notices at the surgeries > agreed but not been fully implemented due to data recording and the "sit and wait" option, which continues to be a great success.
- ★ Provision of greater confidentiality for patients when speaking to receptionists at the health centres > a portable screen was provided at Callington but proved unsafe. Problem not resolved, but solutions on-going.
- ★ Better signage for the drop-off area in the Callington Health Centre car park > no action yet, on-going.
- ★ Continuing problems with the Practice website > a new website design discussed. This could solve a number of issues from ordering prescriptions online, booking appointments, health info and a tvhPPG page to promote meetings, newsletters, surveys and much more.

What issues do you have that should be on our Agenda?

Email: tvhPPG@outlook.com or phone **01579 350890**

TVHPPG the voice of Patients at Callington & Gunnislake Health Centres.

Radio Amateurs get together in Callington



Radio Amateur enthusiasts will be heading to Callington on Sunday 20th March for a Radio Rally organised by the Callington Amateur Radio Society (CARS) and the Devon and Cornwall Repeater Group. The rally will provide an opportunity for members of the public to see the types of equipment and associated paraphernalia that radio amateurs use in the pursuit of their hobby, which can include morse, voice, data and TV, and to find out more about the hobby from experienced radio amateurs. The repeater group provides facilities for radio amateurs to communicate with each other over distances that would normally be difficult because of the surrounding hillsides and runs two repeaters from a facility at Hingston Down.

The rally begins at 10.30am in Callington Town Hall.



**CALLINGTON TOWN
BAND
SPRING CONCERT**

Callington Town Band members are delighted to announce that their Spring Concert on March 19th will be compered by BBC Spotlight reporter, Alison Johns.

Alison is the Band's President and, although she doesn't play, she comes from a long line of brass players. As well as introducing a varied programme of music she will present awards to members of the band.

The concert takes place on Saturday March 19th in Callington Town Hall beginning at 7.30pm.

Admission is £5 with free entry for 16 and under.



CALLINGTON BOWLING CLUB

Welcome to our monthly round up of happenings at the Bowling Club. Over the Christmas period our internal competition between the three shortmat teams, the Eagles came first followed by the Falcons followed by the Hawks. Some really good bowling and a great deal of friendly banter going on. The league matches are now under way in the second half of the season we will keep you informed on the progress.

On a slightly different note, on Friday 4th March we are having a Bingo evening, the evening starts at 7.00pm, refreshments will be available during the evening. Everybody is welcome, bring a friend, the more the merrier. Keep your eyes on this space as we have a lot more things going on right through the year.

On the weekend of 22nd, 23rd and 24th April we have got our taster weekend for the outdoor bowls, hopefully we shall be able to have a shortmat down so if you don't fancy outdoor we may be able to tempt you to indoors. Again, everyone welcome. From primary school to pensioners, come on down!

If you want to come and just see what Shortmat Bowls is all about, on 15th to 20th March we have a tournament, running from 9.00am to about 4.30pm each day. Come and watch, have a cuppa and a chat with the players, it's all good fun. We will keep you up to date with the progress of our teams, hope to see some of you at the Club.

**Our newest and youngest member, ASHLEY DAVEY
age 11. Just to show it is not only for older people!**



Memory Café Callington

Callington
Rotary
Club are proud to sponsor
Callington Memory Café

Callington Memory Cafe, Callington is held in the Council Chambers, within the Town Hall Complex, on alternate Saturdays between 2.00pm and 4.00pm. **(Please see page 14 for March dates.)**

Do you or someone you know suffer from memory loss? Callington Memory Cafe is a place where individuals with memory loss and their caregivers can get together in a safe, supportive and engaging environment. It's a time and place where people can connect and interact with their peers. There is no embarrassment, no pressure and no explanations are needed. We are here to encourage acceptance, support and friendship.

The Callington Memory Cafe is run in partnership with the Rotary Club of Callington and its friends and families. It is staffed by volunteers who devote their time and energy to helping others. The Memory Cafe runs on alternate Saturdays. Everyone is welcome to come along to meet new friends and share their stories. What happens at a Memory Cafe? Memory Cafes generally aim to improve well-being by providing a setting where people with memory loss feel welcomed and valued, stimulating activities which are age appropriate and interesting, ways to contribute to the cafe, either by sharing histories or skills, making the refreshments, washing up or joining the committee or informal respite and support to families and carers.

New volunteers will be made very welcome. The Cafe is not a Day Care setting where people receive care away from family members. The cafe does not offer medical care but provides the opportunity for mutual support. Guests who attend the Cafe are people living with memory loss and their family members or carers who, with the support of volunteers, enjoy each others company.

Contact Nick or Bob on 01579 351888 or 07753 728697

For more information: info@callingtonmemorycafe.co.uk
www.callingtonmemorycafe.co.uk

Callington Heritage Centre

On the back of what I think I can say was a successful 2015, we pause, reflect and consider how we can continue to offer up a broad brush of presentations that will not only engage our visitors but encourage them to spread the word and thus increase our footfall. Not that that is the only arbiter of success, the fact that we exist at all is a huge feather in the cap of our Town and its Administrators bringing much kudos, reflecting not only a vibrant town, but one with a vibrant history. Which brings me neatly to the core part of the 2016 theme which will be "Schools and Education". We are lucky to have many donated photos and other archival material which will make this one of our best yet – but the addition of items from new donors in the town and surrounding Parishes is always welcome eg (school reports - those brave enough to put them in the public domain, magazines, ties, blazers, caps (only if you've grown out of them) well you know what I mean). Should be fun and I am anticipating that our present centres of learning will fully participate and maybe bring along some of their pupils. We shall be open from Friday 25th March 10.00am - 4.00pm and the first Saturday of each succeeding month, same hours.



If you think you have anything which might be of interest please ring Chris Cansfield on 01752 851403 or Kay Greenstock on 01579 383209. In the meantime, outside of the hours given above, we maintain a presence Friday afternoons between 1.00pm and 4.00pm.

St Mellion School 1892

Far right - Headmistress Ellen Johns
3rd row from front, 3rd and 4th from right Ada
and Morley Tamblyn

(Probably one of the oldest photographs the Heritage Centre holds)

CALLINGTON COUNTRY MARKET

On behalf of Callington Country Market, and in response to the article in the latest "Callington News" when a resident wrote in disappointed with the lack of things to do in the Town. We would like to draw to the attention of the resident in question to our market, which has been a regular feature of Wednesday mornings for at least 40 years. We have numerous posters around the town advertising our market, it also features in the "News" under "Community Events". We have our own "Face Book" page under Callington Country Market which gives all the details of our produce and method of operation. If the person in question would like to know more we can provide a brochure, or better still why not pop in and visit us for a cup of tea??

Regards Hilary Howarth

VOLUNTEER CORNWALL AND AGE UK NEEDS YOUR HELP

Age UK Luncheon Club

We meet at Callington Town Hall every Thursday and desperately need more volunteers every other week to help prepare, cook and serve food to the elderly group and wait on tables. If you think you might be able to help out for a few hours please contact

Carol on 01566 779026



CALLINGTON U3A

At this month's U3A meeting on Monday 1st February at Callington Town Hall, we were lucky to have Daphne Skinnard, Assistant Editor at BBC Radio Cornwall, who gave us an insight into what goes on behind the scenes of this very popular radio station. Established in 1983, now based in Phoenix Wharf, Truro, thirty staff man the two studios. It is on air from 5.00am to 7.00pm with various slots. The Breakfast programme with James and Pam, David White the music aficionado 9.00am to 12.00 noon, the Lunchtime Show with Laurence Reed, Tiffany Truscott talks to locals at 3.00pm to 5.00pm and 5.00pm to 7.00pm is the Drive Time show with Julie Skentelbery.

News stories are gathered from various sources. The public ring them in and journalists go out looking for newsworthy stories. For example, Superfast Broadband or the lack of it! They contact people for their experiences and opinions. People come into the studio or talk via the Sat Van, their mobile studio. The morning meetings produce ideas for the following days broadcast. News share picks up relevant stories from other areas. Mobile phones are often used now, as the interview can be quickly edited, downloaded and sent in a fraction of the time it used to take.

Daphne first worked in broadcasting for Plymouth Sound and studied Broadcast Journalism at Falmouth. At Plymouth Sound she acquired the skills to successfully apply for a post with the BBC as a Broadcast Assistant. She has presented most of the programmes on Radio Cornwall, now as the Assistant Editor, looks after the staff and the Charity Appeals, organises Outside Broadcast and Outreach. She has to Tweet, use Facebook, and learn new technical skills everyday. She has a great team who most days have a lots of fun in a fun in a high energy environment.

AromAware's MIND BODY & SPIRIT FAIR AT

Callington Town Hall
PL17 7BD

Saturday 2 April
10AM - 4PM

Free Entry, Talks
& Workshops

Salt Lamps, Candles, Aromatherapy Products,
Angels, Crystals, Buddah's, Crystal Jewellery,
Cherrystone Pads, Bio Flow, NYR,
Beauty & Nutritional Products,
Sizzling Minerals, Musical Instruments,
Organite Protection Crystals, Cornwall Wildlife,
Philip Bramhill & His Steel Tongue Drums
Mystical & Spiritual Artist Ian David
Psychic Readings, Mediums & Angel Readings.
Reflexology, Sound Healing, Reiki & Crystal Healing,
Aromatherapy Massage and much, much more....

REFRESHMENTS AVAILABLE ALL DAY

By Cathy From Liskerrett Hub Cafe

For more info contact Elaine on 01752 605 816

www.aromaware.co.uk

AromAware Event's On Facebook



A Comedy Evening with

MERVYN STUTTER

A Charity Concert on behalf of
CHICKS

Sunday 13th March

Callington Town Hall

8.00pm

Tickets from Callington Town Hall
or Kivells

Adults: Early Bird: £8 On the Door: £10

U-18s: Early Bird: £5 On the Door: £6

Family (2+2): Early Bird: £21

On the Door: £26

Speech Success for Lydia



Nine year old Lydia Rundle who attends Callington Primary School, recently entered the Saltash Speech and Drama Festival. There were 30 competitors in the humorous verse speaking class and Lydia came 3rd with 86 marks. The adjudicator commented on Lydia's excellent diction and facial expression and how she caught the humour of the poem.

Mary Frantom



Do you suffer from hearing loss?



If so, would you be interested in joining a group of other sufferers in Callington?

Please telephone Elizabeth Sigmund on 01579 384492 or email

elizabeth.sigmund@gmail.com

Celliwic Evergreens

No, we are not a Gardening Club! We are a Group which meets at 2.00pm on the second Wednesday of the month in the Town Hall (not August) and we have a speaker or musical entertainment, this is followed by tea and biscuits. The March meeting is on the Wednesday 9th when we have a speaker from CHICKS (Country Holidays for Inner City Kids). Why not come along and meet the members, and perhaps consider joining? Membership is only £4 per year.

New Salsa Dance Classes at Callington every Monday Enjoy Getting Fit!

Irma Skelton, Professional Dancer and Singer, is coming to Callington to hold new Salsa Dance Classes, from absolute beginners to improvers, at the Town Hall. Classes start on 7th of March from 7:15pm.

Irma says 'if you are looking for a healthy, fun new hobby that might just transform your life then you will want to consider Salsa dancing!' It's a popular form of social dance that originated in South America and New York and has grown to be one of the most popular dance forms in the world. It's a lot more fun than running on a treadmill at the gym to burn a few calories! It's also an opportunity to socialise and meet new friends. One common insecurity is that many people don't know how to dance. Fortunately, taking a few Salsa lessons with Irma will help get rid of that insecurity in no time! In addition to helping you be a better dancer, Salsa also helps you build confidence in meeting new people and interacting with others. First and foremost it's a social activity and Salsa is an incredible dance which could transform your life.

So all you have to do is come along and give it a try! You don't need to bring a partner.



PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.



DO YOU OR SOMEONE YOU KNOW HAVE PARKINSON'S?

IF THE ANSWER IS YES THEN THIS IS FOR YOU

Plymouth & East Caradon Younger Persons support
INFORMATION & RELAXATION DAY

Saturday 16th April 2016

at Callington Town Hall, from 9.30am until 1pm.

The day is aimed at both those diagnosed with Parkinson's and their carers/partners who often feel isolated and do not know how to help.

Join our Discussion Groups to hear how others cope with the anxieties, concerns & the frustrations this condition brings.

You can relax with a taster session of an Alternative Therapy. Or just relax & enjoy the company of others in the same situation, with a cup of tea.

To register & choose your Therapy please contact:

Karen Rose on 01579 388818 karen.pyobb@gmail.com

Kay Lillie on 0344 225 9839 klillie@parkinsons.org.uk

PrimRaf Theatre News

Following on from a successful pantomime during February, Callington Amateur Drama Society will be continuing the programme of upgrading the theatre. During the coming months a number of Quiz Nights will be held. The first will be Saturday 12th March and a month later on Saturday 23rd April. The Quiz Night will start at 7.00pm so bring along, or arrange, a team of four. The cost is £2.50 per person and you can bring your own drinks and nibbles.

Other dates and social events will be announced shortly and feature on the website and Facebook www.primraf.co.uk

A new programme for young people will start in the spring and held on a Saturday morning at the theatre. Anyone interested should contact the secretary br.rossiter@gmail.com or 01579 383717



DATES FOR YOUR DIARY AT YOUR LOCAL FLORIST



Here at Jane's Floral Designs, Art Gallery & Gifts, I am inviting Artists in and around the Tamar Valley to display their artwork at this venue in the Pannier Market, Callington. This year the exhibitions will be themed, run for a month at a time and each one will have a preview evening where light refreshments will be available. Remember, there is no charge to browse the Art and with FREE parking now in Callington's New Road car park there are lots of reasons to visit your town. The dates and themes for the first three months are below. To reserve wall space please telephone 01579 389331 or email me at janesfloraldesigns@googlemail.com

You will also find a 'Paint Your Own Pottery' studio at these premises where you can paint your own unique piece of ceramic art, for example, your own mug, plate, money box, ornament and other homeware items. Help is on hand with ideas, guidance and inspiration from Brenda, a talented ceramicist in her own right. Brenda can take bookings for Birthday parties, Hen parties and any other occasions you wish to celebrate with a painting session.

As if that isn't enough, I run a rather unusual bookshop where you decide the price for any of our books. Donations are used to send books to children in developing countries and plant trees across the U.K. Visit www.book-cycle.org for further information.

March - "SEASCAPES" (7th March - 2nd April) Preview evening Tues 8th March, 6pm - 8pm.

April - "SPRING TIME" (4th April- 30th April) Preview evening Tues 5th April, 6pm - 8pm

May - "MINING IN THE WESTCOUNTRY (3rd May - 28th May) Preview evening Tues 3rd May, 6pm - 8pm

FAMILY EASTER DISCO

FRIDAY 1ST APRIL

CALLINGTON TOWN HALL

6.00 p.m. - 8.00 p.m.

Refreshments



Raffle

Fancy Dress Optional

Tickets available from
Callington Town Hall

Adults - £1
Children - 50p



Callington Town Band
presents its

SPRING CONCERT

compered by BBC
'Spotlight' Reporter,
Alison Johns

in the Town Hall on Saturday
March 19th at 7.30pm

Admission £5, under 16 Free

DAY NURSERY VISIT TO CALLINGTON LIBRARY

Dimson Day Nursery took their four year olds on a trip to Callington Library. They chose a variety of books to tie in with their topics and learnt by listening and interacting with other adults, how to respect library rules and using the library borrowing technology.

The trip was so successful the Nursery will be taking the children to visit on a regular basis.



COMMUNITY POP-UP CAFE

This March we will have been open for one year. Come and join us on Thursday 3rd March for a cuppa and a piece of birthday cake. If you haven't been before, use this as a reason to visit. There is always someone to chat to in a very happy atmosphere - and the cake is good too!!



Open from 10.00am until 12 noon. We're in the Community Centre in Coronation Close, the bungalow between numbers 19 & 20, tucked into the corner. Turn right just before the Catholic Church and follow the signs!!

For more info ring Gillian 384463.

Looking forward to seeing you



CAVe Film in March

[www.http://callingtoncave.weebly.com](http://callingtoncave.weebly.com)



Thursday 24th March

The LADY in the VAN

starring

Maggie Smith

(nominated at the Golden Globes and the BAFTAs for Best Leading Actress)

with

Alex Jennings and Jim Broadbent

Led by a marvellous performance from Maggie Smith, *Lady in the Van* wrings poignant, often hilarious insight from its fact-based source material.

Maggie Smith is adorably cantankerous in this true story of a homeless woman who parked her van in the driveway of a playwright's London home and didn't leave for 15 years. *The Lady in the Van* is based on Alan Bennett's play of the same name, inspired by his real-life experience with a woman who requested to be addressed exclusively as Miss Shepherd. Nicholas Hytner's film has plenty of hard-earned lessons about tolerance, generosity, and kindness. It features several characters who are repulsed by the sight and smell of Miss Shepherd but eventually find a soft spot in their hearts for her.

Doors open at 7.15pm for registration to C-Fylm £5 (cash only)

FIRST FILM FREE

Members' entrance: Adults: £4 U18s: £3

Start time: 7.30pm

Callington Town Hall

**NOTE: C-FYLM MEMBERSHIP REQUIRED
(AVAILABLE ON DOOR)**



"It's exhausting just to list the accolades that Dame Maggie Smith has accumulated over her decades on screen and stage: Imagine how tiring it must have been to earn them all."

"Smith's performance as the bizarre old lady, who manages to get help by rejecting it, is the reason to watch this film."

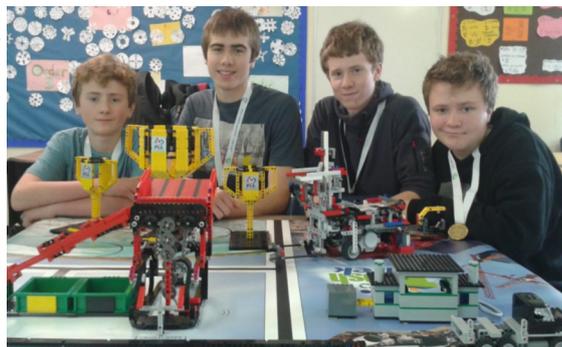
"Another clever construct by Alan Bennett, which gives Maggie Smith a grand opportunity to shine."

"The joy of the film comes in watching Smith work her magic."



NEWS FROM CALLINGTON COMMUNITY COLLEGE MARCH 2016

A team of four students Sam Lane (Y11), Paul Thomas (Y11), Harry Warren (Y10) and Joe Lane (Y8) were overall winners of the regional FIRST@LEGO@League (FLL) UK Challenge which is sponsored by The Institution of Engineering and Technology (IET) and was held at the College. This year's competition was called Trash Trek and its theme was recycling. Teams had to design build and program a robot to complete different tasks involving all aspects of recycling. They will be going to Loughborough University to represent the South West in the UK finals.



The College has also been successful in being awarded the Secondary Geography Quality Mark with Centre of Excellence status. Over 371 SGQM awards have been presented since its launch in 2006, with only 46 centres awarded the Centre of Excellence status. Callington was the first school in Cornwall to receive the award and to become a Centre of Excellence. The College was congratulated on running a Global Learning Programme training for primary teachers from our local feeder schools as it demonstrates our sharing of good practice in the local area.

In January the College and The Barbican Theatre organised a highly successful day that encouraged Year 8 students to examine their values, attitudes and beliefs, and to explore how we deal with other people's difference. Students were split into nine groups and instructed to create a new cultural identity for the members of their group, including a range of norms, practices and beliefs. The groups were tested when an ecological disaster hit two of the homelands of the new cultures. Each of the other cultures was asked to help the refugees from the devastated communities. Each group decided how many refugees they would take and what the entry requirements would be for the refugees who were recently made homeless. Also in January Year 11 students took part in a Living in the Wider World programme. The PSHEE and CEAIG departments combined to deliver a programme that provided students with a range of experiences that will help to prepare them for life in modern Britain and beyond. The experiences were connected to the themes of healthy relationships, diversity, tolerance and stress-management. They also provided students with practical advice and guidance about careers ranging from interview tips to emotional intelligence in the work place.

The College has embarked on an exciting project with Falmouth University to encourage enterprise and to raise awareness of the skills needed to be successful as a local entrepreneur. The Business Studies department has taken a leading role in piloting this project which started with an initial network of local schools at the Western Morning News Business Awards. We were then the first school to host the Falmouth Business School Enterprise Challenge with Year 9 Business students taking part. This was a very hands on event with students taking part in a trading simulation, using their negotiation skills and developing their team work skills.

News from Cornwall Council



This month we see the finalising of the budgets for 2016/17 across Cornwall. From Cornwall Council, subject to the vote which will be after this has gone to press, it is anticipated that there will be an increase in the precept of 3.97%. This includes 2% ring-fenced for Adult Care.

Elsewhere, Cormac have been stretched to the limits, along with the Emergency Services, in dealing with the awful weather across the Duchy from a succession of storms. I cannot speak highly enough of the officers from all the services who have worked so hard to keep the region going in often very dangerous situations. Finally a reminder that there are two Councillor surgeries in March, on 12th at the Town Hall and 26th at the Library from 10.00am to 12 noon. No appointment necessary.

Let's Kick-start MayFest! It'll cost you nothing!



Please put Saturday 14th May into your diaries and make sure all your friends and family know that the streets of Callington will once again be awash with

music and dance. This year we are working on a new project with Wren Music, a West Devon based charity which has traditional music and participation at the heart of its work. Wren musicians believe that everyone has the potential to sing and make music and that age and ability is no barrier for taking part. Becky Driscoll (photo below), the project leader, works with all ages from babies and pre-schoolers to grandparents, and music sessions are always designed to cater for different levels of experience.



There will be a series of **FREE** workshops leading up to the MayFest which will cover learning Cornish and West Country tunes, arranging the music for the band and playing for dancing. The workshops are open to all acoustic instruments. You will need to have a basic understanding of your own instrument to join in but tunes will be arranged for all abilities. Music reading is helpful but not essential as tunes will also be taught by ear.

The music workshops will be using some music collected on the Devon/Cornwall border and will be supported by dance workshops, also **FREE**, led by the ever popular Carmen Hunt.

NEW FOR 2016!

Can we get Callington its very own Samba Band? What could be better than bringing the life and vitality of the Rio Carnival to Fore Street? A series of **FREE** workshops, led by a Samba expert, will provide the chance to learn the rhythms of Samba drumming and could also lead to the opportunity to learn the excitement of Samba dancing.

Suitable for all age groups, this could become a troupe which could appear at a variety of events throughout the year, both in Callington and the surrounding area.



Whether you are an energetic teenager or a more mature aficionado of Latin American music, why not give it a try? For the samba sessions U14s must be accompanied by an adult or by arrangement between parents/guardians and the organisers. Suitably qualified adults will be in attendance.

Dates for your diary

Wren Music & Dance Workshop

Saturday March 19th
Callington Town Hall

Samba Workshop
Saturday March 26th
Callington Primary School

We do hope that these workshops appeal to a good number of Callington residents and we hope you'll give them a try. In any case, we hope that you will turn out in force on 14th May with friends and family to enjoy all the MayFest activities from carriage rides and choirs to Breton and Cornish dance.

St Piran's Supper

featuring
Scoot Lyskerris

*Come and celebrate Cornwall's popular saint
with an evening of food, fun and dance!*

**Saturday 5th March
7.00pm for 7.30pm
Callington Town Hall**

**£15 to include 3-course meal and live
entertainment
(Entry by ticket only)**

For bookings
**Phone: 01579 363854 or
Email: dorothea_a@hotmail.co.uk**

Easter

Coffee Morning

Callington Town Hall

Saturday 12th March 2016

10.30am - 12.30pm

In aid of Age UK Luncheon
Club, Callington

Raffle



I could help keep
the **ROADS**
CLOSED

I would
LOVE to build a
GIANT

I could play **MUSIC**

I could help deliver
POSTERS

I would like to
DANCE

**WE NEED
YOU!**



Fancy offering to help out with **CAVe** events?

MayFest would not happen if it were not for the small band of **volunteers** that we have. As **MayFest** gets **bigger** (and we get **older!**) it would be good to have some **NEW blood** to start **sharing** some of the roles **in order for this festival to continue to develop and grow.**

If you have some **spare time** to help us, please **talk to** any of the **CAVe members** at our events, **pick up a leaflet** in the Town Hall or **email** Pete Watson on **caveatcallington@gmail.com**

Fitness & Health:

Fun Keepfit Class (every Monday) Town Hall 1.30pm - 2.30pm
WeightWatchers (every Monday) Council Chamber 10.30am - 11.30am
Pilates (every Tuesday) Town Hall 10.00am - 11.00am
Dance & Tone (every Tuesday) Town Hall 11.15am - 12.15pm
Kettlercise (every Thursday) Town Hall 9.30am - 10.30am
Tonefit (every Thursday) Town Hall 2.15pm - 3.15pm
Diane Watson Yoga (every Friday) Town Hall 9.15am - 10.15am
Latino Dance (every Friday) Town Hall 10.90am - 11.30am
Zumba (Monday and Wednesday) Callington Sport and Leisure 7.00pm - 8.00pm
Doryoku Ryu Karate Jutsu (every Monday) Town Hall 6.00pm - 7.00pm
Slimming World (every Wednesday) Cricket Club 9.30am, 11.30am, 3.30pm, 5.30pm and 7.30pm
Salsa (every Monday starting 7th March) Town Hall 7.15pm *****NEW CLASS*****



**PLEASE NOTE:
THE DEADLINE
FOR THE APRIL
2016
EDITION WILL BE
12 NOON ON
WEDNESDAY 9TH
MARCH 2016**

Council Meetings & Councillor Meetings:

Town Council Meeting – (Tuesday 1st) 6.30pm Planning followed by TH&P
Town Council Meeting – (Tuesday 15th) 6.30pm Planning followed by FGP
Town Council Meeting – (Tuesday 22nd) 7.00pm Full Council followed by OS
Andrew Long Surgery - (Saturday 12th) 10.00am - 12 noon Town Hall **(Saturday 26th)** 10.00am - 12 noon Callington Library
Sheryll Murray Surgery - (Saturday 19th) 12.30pm - 1.30pm Town Hall complex (by appointment only - call 01579 344428)

Community Events:

Country Market in Scout Hut, (every Wednesday) New Road Car Park 8.45am - 12.00 noon
Stonham Housing Advice Centre (every Wednesday) Town Hall 10.00am - 12.30 pm
Community Pop-In Cafe (every Thursday) 10.00am-12.00 noon Coronation Close Community Centre
Indoor Boot Sale (Sunday 6th) Scout Hut Sellers at 10.00am Buyers at 10.30am
Town Band Spring Concert (Saturday 19th) Callington Town Hall 7.30pm
Callington Bowling Club Bingo (Friday 4th) Bowling Club, Liskeard Road 7.00pm
An Evening with Mervyn Stutter (Sunday 13th) Callington Town Hall 8.00pm (doors open 7.30pm) Tickets available from Town Hall & Kivells
CAVe Film Show (Thursday 24th) Council Chamber, Town Hall Complex 7.15pm **(The Lady in the Van - see page 10)**

Children Activities:

Brownies (7-10yrs) (every Tuesday) 5.30pm - 7.00pm 07837440634 or 01579382015
Guides (10-14yrs) (every Tuesday) 7.00pm - 8.30pm 07837440634 or 01579382015
Seniors (14-25yrs) will be running the same time as Guides 07837440634 or 01579382015
Beavers (6-8yrs) (every Thursday) 5.45pm - 7.00pm - Beaver Leader - Jan Rider - 07970 462458
Cubs (8-10½) (every Tuesday) 6.00pm - 7.30pm - Cub Leader - Cheryl Stainsby - 07770 797627
Scouts (10½-14) (every Tuesday) 7.15pm - 8.45pm - Scout Leader - Fran Barriball 07896 363696 (enquiries about hiring the Scout Hut for £5.50 ph - contact Cheryl on 07770 797627)
St John Ambulance Badgers (5-10 yrs) (every Friday) 5.00pm -6.30pm Badger Leader- Paula Richards - 07817964361
Children's FREE Film Show (Saturday 19th) Callington Town Hall 2.00pm - 4.00pm **(The Good Dinosaur - see page 3)**

Local Groups:

U3A, Monthly meeting (Monday 7th) Town Hall 10.00am - 12.00 noon
Ballroom & Sequence Dance, (Saturday 12th & 26th) Town Hall 7.30pm - 10.30pm
Age UK Lunch Club (every Thursday) Town Hall 11.45am - 1.45pm
Celliwick Evergreens (Wednesday 9th) Town Hall 2.00pm - 4.00pm
Caradon Social Club for Disabled (Wednesday 16th) Town Hall 2.00pm - 4.00pm
Callington New Outlook. A club for men and women **(every Tuesday)** Council Chamber 10.00am - 12 noon during term time except for 1st Tuesday of month
Callington WI (Wednesday 9th) Council Chamber 7.30pm
Callington Town Band (every Thursday) Cemetery Chapel, Liskeard Road. Training Band 6.15pm Main Band 7.30pm Contact Shirley Morse 350336
Callington Singers (every Thursday) Callington Primary School 7.15pm - 9.00pm
Callington Tea Dance (Friday 4th and 18th) Town Hall 2.00pm - 4.30pm
Callington Amateur Radio Society (CARS) (Wednesday 2nd) Council Chamber 7.00pm - 9.00pm
Callington Memory Cafe (Saturday 12th & 26th) Council Chamber, Town Hall complex 2.00pm - 4.00pm

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TAMAR VALLEY HOLIDAYS

WHAT'S COMING UP AT TAMAR VALLEY
HOLIDAYS@ Honicombe Manor?

Water Babies

are coming back starting 13th May 2016.
Teach your little ones to swim

Dinky Dance with Music Makers

starting 12th April 2016
Teaching kids to dance through play
aged 18 months 4½ years old

Soft Play

Open daily from 12 noon (excluding Wednesday)

Also new from April - Splash Parties, Exercise Classes,
Bums & Tums, Early Bird Gym, Fitness Trail Training,
Buggy Fitness, and 55+ Exercise Classes

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and his journey to get fit and lose weight with our 12
week fitness programme. Want to join him?

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or call 01822 258090

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