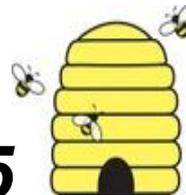




## Callington Honey Fair Wednesday 7th October 2015



Callington will be buzzing again this October with a bigger and better Honey Fair.

Following last year's record-breaking event Callington Lions are arranging for more gifts and craft stalls than ever before.

'Bee-sides' the ever popular Cornwall Bee Keepers displays, with their live bees and honey products, there will be live music, street entertainment, 'Teas with the Bees' and a Children's Art Competition. Don't forget you can follow the trail of the Honey Fair Shop window displays, where the theme this year is 'Seven Wonders of Cornwall'.

Due to popular request, Callington Lions are also re-introducing the Town Crier Competition – so come along and cheer.



The ever-popular Rowland's Fun Fair will be here as usual.

If you are a charity or stall holder it is not too late to book your place, please see:

[www.callingtonlions.org.uk/honeyfair.html](http://www.callingtonlions.org.uk/honeyfair.html)

**\*\*\*Don't forget\*\*\* Honey Fair Bingo Night in the Town Hall on Monday 5<sup>th</sup> October, doors open at 7.00pm.**

**The copy deadline for the October issue is 12 noon on Wednesday 9th September 2015**

**(We will be working on a strict 'first come first served' basis, so get your articles in as soon as possible!)**

Editorial copy can be sent to the Editor by emailing [news@callington-tc.gov.uk](mailto:news@callington-tc.gov.uk)  
Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to the Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 384039 or email: [jo.taylor@callington-tc.gov.uk](mailto:jo.taylor@callington-tc.gov.uk)

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

The One Stop Shop is now open from 9.30am-1.30pm Mon, Tues, Wed & Fri. General Enquiries 0300 1234 100

Post can be put in the letter box in front of the office or through the entrance door.

## Church Matters

### Our Lady of Victories Catholic Church

Sunday Mass 5.00pm  
Weekday services see noticeboard Church Door.

St Cuthbert Mayne, Launceston  
Sunday Mass 10.00am  
Weekday services see noticeboard.

Harvest Festival celebration at Our Lady of Victories'  
Sunday 4th October 5.00pm Mass  
6.00pm Harvest Supper

Come, join us. 'Our Doors are open wide'

Parish priest: Father David Annear  
Tel:01566 773166  
Email Priest:david.annear@prcdtr.org.uk

### St Mary's Church

Sunday 6<sup>th</sup> 8:00am Communion (BCP)  
10:00am Family Service  
Sunday 13<sup>th</sup> 8:00am Morning Prayer (BCP)  
10:00am Morning Worship  
6:30pm @ SMC  
Sunday 20<sup>th</sup> 8:00am Communion (BCP)  
10:00am Morning Worship – Healing  
6:30pm Chill Out Worship  
Sunday 27<sup>th</sup> 8:00am Morning Prayer (BCP)  
10:00am Harvest Service – Communion  
Every Wednesday Holy Communion at 10:30am

### Callington Spiritual Church

Wednesday September 2nd Spiritual Centre above Social Club (main door and straight up the stairs, go to the room on the far right) admission £3.00, start 7.30pm  
Medium Sonia Clatworthy

Wednesday September 16th Spiritual Centre above Social Club (main door, straight up the stairs, go to the room on the far right) admission £3.00, start 7.30pm  
Medium Janet and Eileen

### Mustard Seed

Sunday Morning Service 10.45am  
Thursdays (term time only) Underground Youth 7.00pm  
Contact: 01579 383572

### Methodist Church

Saturday 5th September 10.00am to 12 noon Coffee Morning in aid of Operation Christmas Child (Shoe Box Appeal). Tea, Coffee and yummy bites, various stalls.

Sunday 13th September 3.30pm to 5.45pm Messy Church - fun, food, games and crafts for all the family. Children to be accompanied by an adult please.

Sunday 20th September 10.30am Junior Church Celebration Service led by Reverend Dom Whitting.

Don't forget to visit us on Honey Fair Day (7th October) Church open from 10 am to 4 pm for coffee, teas and lunches plus 'Scarecrow Festival' and stalls.

Please see our website for details of our regular Services  
[www.callingtonmethodist.org](http://www.callingtonmethodist.org)

# BBC

## ESCAPE TO THE COUNTRY

The BBC programme recently featured St Dominick and the 'thriving' town of Callington with footage of St Mary's Church, Fore Street, shops, pubs and countryside.

It was refreshing to see how visitors viewed Callington.

May I speak on behalf of Callington traders and ask local and Callington people to use us or lose us.



**Wednesday 7th October, 2015**



Gifts and Craft Stalls  
Street Entertainment

Children's Art Competition



'Teas with the Bees'  
Follow the trail of the  
'Honey Fair Window Display'



Bigger and better than ever this year, with even more stalls.  
So be sure to come along and have some fun!

Local trader or charity wanting to take part?  
Visit [www.callingtonlions.org.uk/honeyfair.html](http://www.callingtonlions.org.uk/honeyfair.html) for details.



# Callington Arts and Produce Show

Callington Town Hall



Saturday 19th September

Do you enjoy sewing? Can you bake? Do you grow flowers, fruit and/or vegetables?

Do you enjoy calligraphy, write poetry? Are you an artist that loves to paint, enjoy crafting of any kind? Do you make wine, jam, sugar craft? Is flower arranging or ceramics your hobby? Well we have just the thing for you. Callington Autumn Show committee is inviting you to exhibit your hard work at the Callington Arts and Produce Show which takes place on Saturday September 19th. If you would like to know more about exhibiting in any of these categories or would just like to know more about the show, please contact the Show Secretary, **Margaret Lawrence on 01579 383833.**

**tvhPPG**  
www.tamarvalleyhealth.co.uk

**Tamar Valley Health  
Patients' Group**

  
tvhppg@outlook.com

## Know your Numbers BP Awareness Week Sept 14th - 19th

If your blood pressure is too high it can narrow your arteries and blood vessels which can lead to damage to the brain or heart. Too high over a period of time and not treated, you will be at an increase risk of heart attack, stroke and heart failure. High blood pressure is also a risk factor for kidney disease, dementia and some eye conditions. High Blood Pressure (also called Hypertension) usually has no symptoms which is why many people do not know they have it. That it is often called the '**silent killer**'.

The good news is that high blood pressure can be treated and often prevented, and there is lots you can do to lower your risk. The higher your blood pressure, what ever it is, the higher your risk of heart disease or stroke. This means that all of us should be adopting a lifestyle that will help to lower our blood pressure whether we have high blood pressure or not. Regular blood pressure checks is the only way to find out what you reading is. The tvhPPG has arranged with Lloyds Chemist in Callington to have staff available to assist you in taking a pressure reading. You don't need to have an appointment. Callington and Gunnislake surgeries have self-use blood pressure monitoring machines with instructions on how to use them. Keep a record yourself and remember the numbers in the same way as your height and weight. In other words, Know your Numbers! Encourage your friends and family to as well.

What is too high I hear you ask? Most adults in the UK have blood pressure readings in the range from 120 over 80 (120/80) to 140 over 90 (140/90). If your blood pressure is within this range you should be taking steps to bring it down or to stop it rising any further. Your doctor or pharmacist will be able to help you. Make sure you check your BP and Know your Numbers.

If you would like to know what else your **tvhPPG** is doing, sign up for the newsletter and updates by emailing [tvhPPG@outlook.com](mailto:tvhPPG@outlook.com) or phoning 01579 350890.

**[www.bloodpressureuk.org](http://www.bloodpressureuk.org)**

**Know your Numbers!**



# Callington Heritage Centre

Another busy month. Kay Greenstock and Shirley Abell delivered a talk and presentation to the Pupils of Callington College on Genealogy. They prepared a number of templates for a blank Family Tree and during their time encouraged the pupils to fill in as much information as they could about their own families. This met with varying degrees of success, much hilarity ensued, mobile phones have never been so useful as frantic calls were made to home.

Much was learnt, this exercise was thoroughly enjoyed by all who participated and may pave the way towards other joint projects. Thanks to the school authorities for their kind co-operation.

Recent acquisitions include a Photo Archive from the Jim Thorington collection which has come to us from Tavistock Local History Society. Jim, who died in 2002 left 70,000 images from his career as a Press Photographer between the mid 60s to late 90s. How does this affect us in Callington, well those that have come our way, thanks to Terry Gimblett who has enlarged them, mostly, but not entirely show scenes of Callington Carnival down the years. This will provide us with a mini Exhibition in its own right, but those of you who want a peek before we mount them properly, can do so, with a quick visit to our premises in Liskeard Road.

You may remember back in May we set a puzzle to visitors to identify an "Agricultural implement" – this we fervently believed would never be cracked – but to our astonishment, a Mr Pete Burrows whilst visiting, made an extremely educated and accurate guess. He will now be presented with his prize! This item is still hanging from one of the beams, so if you feel lucky, have a go!

Location: the old Chapel, Liskeard Road opposite Travis Perkins.

**Enquiries to Kay Greenstock 01579-383209 or Chris Cansfield 01752-851403**

Callington Town Band marching along Fore Street. It is interesting as it shows the Post Office (just as it is today), Treleavens Ltd (Mens and Ladies Outfitters), next door The National Provincial Bank (later gobbled up by the National Westminster Bank in 1970). This photo again comes we think from the early 50s.



## **ROYAL BRITISH LEGION POPPY APPEAL 2015**



I am pleased to say that the amount raised in last year's Poppy Appeal nationwide was £43million and this was an increase of 16% on the previous year. The Callington District total as of the 31<sup>st</sup> May 2015 was £11,475 which I think you will agree is an amazing amount.

I would like to say a big thank you to everyone who donated or contributed their time to help with the collections or organising an event. The amount raised speaks volumes about the community spirit here in Callington.

The dates for this year's Poppy Appeal are from 24<sup>th</sup> October to 7<sup>th</sup> November. Remembrance Sunday is on 8<sup>th</sup> November.

I would encourage anyone or any club wanting to run a fund raising event - from a tea party to a full scale theatrical production please contact me (details below) and I will provide you with collecting tins and as many poppies as you would like!

If you, or your group/organisation, wish to lay a wreath can you let Jo Taylor (Assistant Town Clerk at Callington Town Hall) know your requirements so they can be ordered by the **1<sup>st</sup> of September** please. She can be contacted by telephone on 01579 384039 or by email at [jo.taylor@callington-tc.gov.uk](mailto:jo.taylor@callington-tc.gov.uk)

Once again thank you for your generosity and please look out for our intrepid collectors this year and help us make this another successful year for the Royal British Legion Poppy Appeal.

**Best wishes**  
**Bob Wade**

**Poppy Appeal Organiser, Callington**

### **Callington and District Community Projects Group**

We would like to thank all the businesses in Callington who supported us in the Carnival and during the Kelliwik Festival. Those that donated raffle prizes were: The Bull's Head, The Hideaway Cafe, The Corner Shop (Biscombes Lane), Lloyds chemists, Hindles, Smithees, Annie's, Jane's Floral Designs and Marie's Cafe.

We are really grateful for the support and donations and because of your generosity we should be starting one or two of our projects shortly. If anyone would like to join our group and get involved in your community please contact us on 01579 641064.

**Pre-Loved Tools.** On the subject of the projects we would like to initiate on behalf of Callington, if anyone has any gardening tools that they no longer use and would like to donate please call on the above number and we will make arrangements to pick them up. Again if you would like to share your own knowledge of all things growing and get involved then again the above number will put you in touch with an extremely grateful group.



Our sincere thanks to everyone.

R. Taylor, on behalf of the Callington Community Projects

### **Callington New Outlook**

Callington New Outlook is a well established Club for men and women which meets every Tuesday, 10.00am until 12 noon, during term time. Speakers on all subjects talk to Club members at the Town Hall Council Chambers, visits to places of interest begin from the Cricket Club car park, and, on the first Tuesday of the month, a lunch is organised at a local eating place. We welcome folk who enjoy 'doing' things and like a bit of fun. For instance taking part in Callington Carnival and Mayfest. But this is not obligatory!!

For more information and to see what we have planned then visit our website <http://callington-newoutlook.btck.co.uk> or phone Shirley Morse (01579 350336)

## **Calstock Arts Events September 2015**

www.calstockarts.org

### **Thursday 3 September**

John Otway - An evening not to be missed! 8.00pm  
£14 in advance, £15 door

### **Friday 11 September**

Maggie Bell and Dave Kelly - Two great voices, two great reputations. 8.00pm  
£18 advance £19 door

### **Friday 18 September**

Gallery Bar special - Gareth Lee and Annie Bayliss - Up and coming acoustic folk duo. 8.30pm  
Free Entry

### **Sunday 27 September - Sunday Sessions**

Polperro Fisherman's Choir - Traditional Cornish and modern choral performance with tea, coffee and cake. 2.00pm £5 in advance, £6 door.

## **CALLINGTON U3A**

The speakers at our August meeting were Dorothy Willatt and Bob Wade who informed us about the work of the Callington Rotary Memory Café group.

The Memory Cafe started about 3 years ago meeting every other Saturday in the Callington Town Hall Council Chamber. Their aim is to provide help and support for dementia sufferers and their carers.

Dorothy gave us a run through of the sorts of activities that the group take part in. Music, documented as a memory stimulus, was used as the type of thing that could be enjoyed. Lullaby of Broadway was sung by us with Dorothy leading the singing. We were told that stories told by the group and visitors alike also prompted memory, quiz events and some samples of their magazine called the Sparkle were used as a reminder of life time events. Bob Wade took over the proceedings and took us through an example of the sort of quizzes they do. This one was called The Hoy Game, similar to bingo but played using playing cards and they even gave prizes to the lucky winners.

A guitar was produced and with encouragement from Bob and Dorothy we joined in the singing of "Daisy Daisy"..... a few of us even admitted that we knew the second verse! The Grand Old Duke of York was sung next, firstly as we all remembered it and then with a testing change of words. Have to say here that the U3A members ACED the test. Dorothy finished the morning singing an amended humorous version of the Julie Andrews song "My Favourite Things". Then a quick test of Prime Ministers through the years from 1920 to the present day.

Dorothy finished the presentation with a plea for volunteers to help out at their Saturday meetings with this group that won the Citizen of the Year award.



## **Prim-Raf Theatre Callington**

### **Saturday 26<sup>th</sup> September**

Callington Amateur Drama Society (CADS) start their autumn programme with a celebration evening on Saturday 26<sup>th</sup> September with music by concert pianist Mark Smith - classical and jazz, sketches and a buffet. Fifty years ago in September 1965 the drama group purchased the building in Biscombes Lane, Callington and converted it into a community facility and theatre. Booking is essential and tickets are £7.50 and can be obtained from the Corner Shop in Biscombes Lane.

### **Saturday 3<sup>rd</sup> October**

CADS are holding a one-day acting/drama workshop at their Prim-Raf Theatre, for all local and aspiring actors and those interested in drama. The workshop will be led by CADS member and professional actor, director Mark Seaman, and is designed to be a fun day for all who attend whether an experienced actor or those simply wanting to see if they have what it takes to tread the boards! Designed for teenagers 15 plus and adults. If you would like further details or to book a place on the course which will be held on Saturday 3<sup>rd</sup> October between 10.00am to 4.00pm at a cost of £6.00 for the day then please contact Fred on 01579 362269

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## Kelliwick Music Festival 10th-12th July

Who says there is nothing to do, and nothing going on in Callington? We have just had a fabulous Festival starting with the best Carnival in seven years and culminating with the Kelliwick Music Festival. This is our Community pulling together, as it does in so many ways, thanks to all of you.

Three days of varied music and entertainment at the Saltash Road Recreation Field with free entry. Rock Bands, Swing Bands, Pop Bands, Country Music, Full, Orchestra, Choirs, Dance, Drama, Bouncy Castle, Hog Roast, Bar Tent with Bands playing, Food tents, Craft tents and various others. Both our schools put on excellent shows, drama, music, some brought tears of joy to the crowds.

Three stages (under cover) gave great varied non-stop entertainment for three days from 10.00am - 9.00pm all this for FREE, in Callington. The majority of the acts were from the local area, what talent we have! WE know some of them well, but other people I know were surprised with the talent. Kelliwick website is still on-line with the acts and photos if you want to see what you missed.

The weather was great on the first two days, seeing all those families on Saturday sitting on the grass with their hog roasts and picnics having a great time listening to the music was heart warming. On Sunday the weather put a stop to that but we went under cover in the many tents/marquees. Morning started with a combined Callington Churches Together service in the large marquee it was full. This was followed by Callington Community Gospel Choir, great entertainment all afternoon and evening. The grand finale was Proms in the Park with the full Kelliwick Orchestra and singers, this was fantastic, once again the marquee was full. What an amazing end to three wonderful days entertainment Sandra and I attended all three days and loved it.

Thank you Mr Steven Dawe and all the rest of your great team for giving Callington such a spectacular Free weekend of joy. Hope you carry on next year, even after your two years of stress. Hope to see you ALL there next year, look out Glastonbury.

**Chris and Sandra Thomas**

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## Nominations requested for next CATS Awards Evening 2016



Nominations are now being requested for the next prestigious CATS AWARDS evening which is due to take place on Wednesday 10<sup>th</sup> February 2016. The evening is hosted in honour of young people within the community of Callington who are recognised for the positive difference they have made to their community as a result of volunteering their time to a range of different organisations and projects.

Over 170 young people from Callington and Saltash last year were presented with CATS (Community Action Awarded Through Sport) awards by five sporting stars one of whom was Olympic gold medallist Ed Coode.

The aim of the CATS scheme is to promote, encourage, recognise and award positive community action by rewarding the young people with sports based awards. In previous years these have been supported by local sports providers including, Saltash Leisure Centre, Plymouth Raiders, Ten Pin Plymouth, Plymouth Ski Centre and many other local providers. There are five levels within the award scheme and these are based on the level of commitment, responsibility and participation time, shown by the young volunteer. Last year for the first time we awarded a Level 5 award which is the top level!!

The CATS presentation evening rewarded young people who had been nominated by both schools and local community groups for their contribution in volunteering in after school and community based projects, clubs and local organisations. Nominations have come from the Callington Community College, Callington Police, Saltash and Callington Youth Projects, local sports clubs, Livewire and a variety of other local organisations.

**IF YOU KNOW OF A YOUNG PERSON IN YOUR COMMUNITY WHO IS VOLUNTEERING THEIR TIME FOR AN ORGANISATION OR COMMUNITY PROJECT, PLEASE NOMINATE THEM.**

**To obtain a nomination form please contact Michelle Roberts or Karen Gold at the College. Email [kgold@callingtoncc.net](mailto:kgold@callingtoncc.net) or contact Karen Gold 01579 386016**

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# News from the Town Council

Town Hall, New Road, Callington PL17 7BD  
 01579 384039 clerk@callington-tc.gov.uk  
 www.callington-tc.gov.uk



## **The Allocation of the £25,600 – the results are 'in'**

I am delighted to announce the results of the Unilateral Undertaking grant allocations. The Town Council had received requests in excess of £60,000 but it was agreed unanimously to allocate the majority of to the projects: the money following

<b>Organisation</b>	<b>Awarded</b>
Callington Social Club	£2,000
Callington Primary School	£4,000
Kick Start for Youth Project (Tony Stephens)	£3,000
Callington Bowling Club	£2,000
Tamar Valley Health Patient Participation Group	£530
Rotary Club of Callington Memory Café	£900
Callington Town Forum (CIC)	£2,000
Callington Town Council – Christmas Lights	£5,000
Callington Cricket Club	£2,000

This leaves a balance of just over £4,000 which the Panel feels is a contingency and allows for further projects to be funded that may evolve namely, suitable schemes that complement the Neighbourhood Plan and ethos of the Council. An appraisal will be conducted in twelve months.

## **Massive Thank You**

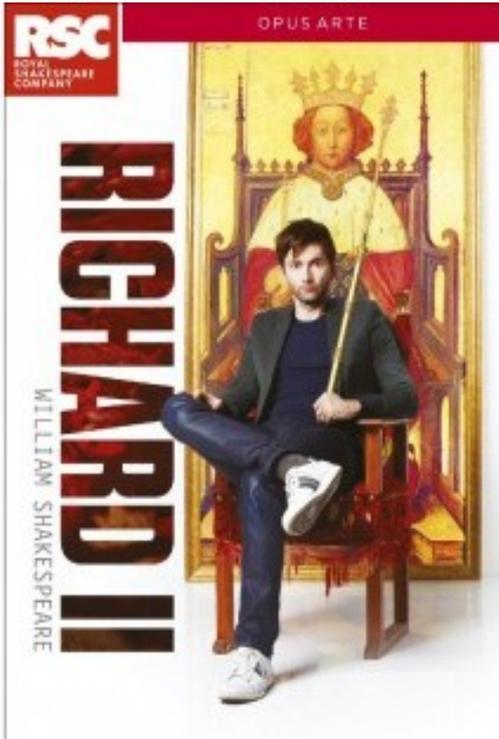
The response to the Neighbourhood Plan questionnaires has been fantastic. At the time of writing we have received just over 400 forms back which illustrates a strong sense of feeling and passion about our community, which is really encouraging for the project.

If you have not had chance to return your form or it has been mislaid, don't panic, we still have a few forms in the Town Hall which you can complete. But please return them ASAP.

We are hoping to collate the responses throughout September and to have further updates available later in the year.

Your support towards this initiative has been much appreciated. We recognise that the questionnaire was a lengthy document but hopefully we have covered many subjects and will gather a considerable amount of information about what you would like for our future.

## ROYAL SHAKESPEARE COMPANY COMING TO THE CAVE!



**Thursday 24<sup>th</sup> September at 7.30pm  
Council Chamber, Town Hall Complex**

What a coup for Callington! Following acclaimed runs at the RSC's Stratford home, at the Barbican in London and an international cinema release, **CAVe** offers you unique access to a screening of the RSC production of one of the most beloved of Shakespeare's history plays, "Richard II". And an added bonus is that it stars David Tennant in the title role.

Critics wrote glowing reviews of this *"beautifully crafted, richly detailed production"* where David Tennant *"gives a bravado performance of a multi-layered, complex and intelligent medieval king in Shakespeare's masterful history play."* In the first show of Gregory Doran's six-year plan to present all of Shakespeare's works David Tennant is described in *The Guardian* as *"mesmerising"*.

This recent opportunity has meant that "Gone Girl" will now be screened on Thursday 22nd October.

Keep an eye out, too, on the CAVe website ([www.callingtoncave.weebly.com](http://www.callingtoncave.weebly.com)) for news about the our next live event, an afternoon performance on Sunday 11<sup>th</sup> October, which features the Fourthwall production of "39 Steps". This wonderfully inventive and gripping comedy thriller features four fearless actors, playing 139 roles in 100 minutes of fast-paced fun and thrilling action. An absolute delight for the entire family, this production is "impossible not to enjoy".

### USED POSTAGE STAMPS

The Town Council Offices collect used postage stamps. If any group or organisation could benefit from these used stamps please let us know.



### Walking in our Parish

Some of us enjoy walking the pavements and getting our exercise but in recent weeks our walkways in Callington and Kelly Bray have a new hazard - horse dung !!!

It is an offence to ride a horse on a pavement so why are we "dodging the dung"? We expect dog owners to "pick up" so why not horse riders?

It is not just on the pavement but also on the roads without designated paths for pedestrians that we have to avoid the droppings.

Please owners keep your horses off the pavements and clean up after your animals on the roads!!!

**Anon**

### Come and join us!

With a busy summer season of engagements drawing to a close Callington Town Band and its Training Band invite new members to 'Come and Join Us!' Whether you are a learner, returning after a break or an experienced player we would welcome players of all abilities. Instruments can be provided, on loan, free of charge to members. Cornet players are particularly needed.



Visit our website, [www.callingtontownband.com](http://www.callingtontownband.com), phone Band Secretary, Shirley Morse (01579 350336) or speak to the players whenever you see them at engagements. Get it straight from the horses mouth!

## Fitness & Health:

**Fun Keepfit Class**, every **Monday**, Town Hall (1.30pm - 2.30pm)  
**WeightWatchers**, every **Monday**, Council Chamber (10.30am - 11.30am)  
**Pilates**, every **Tuesday**, Town Hall (10.00am - 11.00am)  
**Slimming World**, every **Wednesday**, Town Hall (9.30am & 11.30am and 5.30pm & 7.30pm)  
**Kettleercise**, every **Thursday**, Town Hall (9.30am - 10.30am)  
**Diane Watson Yoga**, every **Friday**, Town Hall (9.15am - 10.15am)

## Council Meetings & Councillor Meetings:

**Town Council Meeting – (Tuesday 1st)** 6.30pm Planning followed by Town Hall and Premises  
**Town Council Meeting – (Tuesday 15th)** 6.30pm Planning followed by Finance and General Purposes  
**Town Council Meeting – (Tuesday 22nd)** 7.00pm Full Council followed by Outside Services  
**Councillor Surgeries - Cllr Andrew Long (Saturday 12th)** 10.00am - 12 noon Town Hall

## Community Events:

**Country Market in Scout Hut**, (every **Wednesday**) New Road Car Park (8.45am -12.00 noon)  
**Stonham Housing Advice Centre (every Wednesday)** Town Hall (10.00am - 12.30 pm)  
**Community Pop-In Cafe (every Thursday)** 10.00am-12.00 noon Coronation Close Community Centre  
**Indoor Boot Sale (Sunday 6th)** Scout Hut Sellers at 10.00am Buyers at 10.30am  
**Blood Donors (Thursday 10th)** Town Hall 1.15pm  
**Autumn Show (Saturday 19th)** Town Hall complex

## Children Activities:

**Free Children's Film Show (Saturday 12th)** Town Hall (2.00pm - 4.00pm) **see poster above**  
**Brownies (7-10yrs)** meet every **Tuesday** 5.30pm - 7.00pm 07837440634 or 01579382015  
**Guides (10-14yrs)** meet every **Tuesday** 7.00pm - 8.30pm 07837440634 or 01579382015  
**Seniors (14-25yrs)** will be running the same time as Guides 07837440634 or 01579382015  
**Beavers (6-8yrs)** meet every **Thursday** (5.45pm - 7.00pm) - Beaver Leader - Jan Rider - 07970 462458  
**Cubs (8-10½)** meet every **Tuesday** (6.00pm - 7.30pm) - Cub Leader - Cheryl Stainsby - 07770 797627  
**Scouts (10½-14)** meet every **Tuesday** (7.15pm - 8.45pm) - Scout Leader - Fran Barriball 07896 363696 (enquiries about hiring the Scout Hut for £5.50 ph - contact Cheryl on 07770 797627)  
**St John Ambulance Badgers (5 - 10 yrs)** every **Friday** (5.00pm -6.30pm) Badger Leader- Paula Richards - 07817964361.

## Local Groups:

**U3A**, Monthly meeting (**Monday 7th**) Town Hall (10.00am - 12.00 noon)  
**Ballroom & Sequence Dance, (Saturday 12th)** Town Hall (7.30pm - 10.30pm)  
**Tea Dance, (Friday 4th & 18th)** Town Hall (2.00pm - 4.30pm)  
**Good Companions (every Wednesday)** Council Chamber (2.00pm - 4.00pm)  
**Age UK Lunch Club (every Thursday)** Town Hall (11.45am - 1.45pm)  
**Memory Cafe (Saturday 12th & 26th)** Council Chamber (2.00pm - 4.00pm)  
**Caradon Social Club for Disabled (Wednesday 16th)** Town Hall (2.00pm - 4.00pm)  
**Callington New Outlook.** A club for men and women (**every Tuesday**) Council Chamber (10.00am - 12 noon during term time except for 1st Tuesday of month)

**FAMILY FILM SHOW**

**WORLDS COLLIDE**

**HOME**

MARCH 27



**Saturday 12th September**  
**Doors open at 2 pm**  
**Film starts 2:30 pm**  
**Free Entry**

**CALLINGTON TOWN HALL**

## CALLINGTON FOODBANK

A local service for local people

- ★ Are you choosing to heat or eat?
  - ★ Are you going hungry?
  - ★ Do you know someone who is?
  - ★ Are you having trouble getting out? We can deliver discreetly
- Open Monday, Wednesday and Friday 2.00pm - 4.00pm  
1 Launceston Road, Callington (behind the Mustard Seed)  
Call Mark Haydon 07736 560 646 or Pam Stephens 07931 011 459  
callingtonfoodbank@gmail.com



**PLEASE NOTE:**  
**THE DEADLINE FOR**  
**THE**  
**OCTOBER**  
**EDITION WILL BE**  
**12 NOON ON**  
**WEDNESDAY 9TH**  
**SEPTEMBER**

## NICOLA GREENE CHIROPODY

BSc (hons) Podiatry MChs  
HPC Registered Chiropodist/Podiatrist

### Home Visit Practice

Full range of footcare treatments including:

- Nailcare
- Corns and Calluses
- Thickend Nails
- Dry cracked skin
- Diabetic foot assessments

Tel: 01579 590027 Mob: 07786164 205

Email: nicki\_green@yahoo.com

## Is life getting you down? Relationship problems? Stress, anxiety, struggling to cope?



Fully qualified private counsellor  
Based in Callington  
Confidentiality and discretion assured  
Hours to suit

Please contact Barbara:  
Tel: 01579 382441 Mobile: 07711 475 549  
www.barbarasarmiascounselling.co.uk  
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## MEADERS CABINET WORKS

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